



CERTIFIED AGILE FACILITATOR (CAF)

What happened to meetings and workshops?

How we turn up for work has changed forever, yet in many organisations, people's methods of running meetings or workshops haven't changed to meet the challenge.

In a world where we're increasingly navigating a mix of in-person, remote or hybrid working, it can feel like we're spending even longer in meetings, yet we're achieving worse outcomes in return for our time.

Today it is in everyone's interest that when we take people's time to meet, our purpose is clear, creativity thrives, and things get done. We need strong, world-class facilitation skills more than ever.

Description

As part of Beliminal's exclusive skill-based training for leaders, managers, and coaches, this facilitation course unfolds over four interactive modules. We use brain-friendly, science-based, accelerated learning techniques to help you learn and increase your knowledge retention.

A one-to-one coaching session is included as part of the course – a valuable opportunity to reflect and challenge yourself to become an even better Facilitator. You'll not only learn about facilitation but actively practise it between modules, ensuring you internalise every lesson:

We focus on the following:

- **Module 1** - Setting the Stage: Learn the fundamentals of effective facilitation.
- **Module 2** - Creating the Facilitation Environment: Discover how to build a conducive atmosphere for collaboration
- **Module 3** - Dancing in the Storm: Master the art of managing dynamic and challenging situations
- **Module 4** - Navigating Conflict: Develop strategies to handle conflicts constructively

Key Highlights:

- **Focus on Mindset and Skills:** Move beyond mere tactics to develop core competencies in facilitation.
- **Hands-On Learning Experience:** Dive into practical exercises, not just theory.
- **Reflective Practice & Feedback:** Engage in meaningful reflection

What about exams and certifications?

There are no exams for this course, although you will be expected to do at least four hours of facilitation practice during the programme. Upon completing the programme, you will receive your Scrum Alliance Certified Agile Facilitator certification. This Scrum Alliance certification includes a two-year membership in the Scrum Alliance.

What topics are covered?

- The Facilitator Stance
- Facilitation Mindset
- The Facilitation Arc
- Designing Facilitated Sessions
- Reflective Practice
- The Environment
- Psychological Safety
- Facilitation Stances
- Powerful Questions
- Listening
- Using Feedback
- Conflict
- Lots and lots of reflection
- Emotional intelligence



Who is this course suitable for?

Ideal for facilitators, managers, leaders, Scrum Masters, and Agile Coaches. You must have the opportunity to practise in between modules.

What are the prerequisites for this course?

There are **no prerequisites** for the course.

Why this course?

- **Adopt a facilitation style** where you can design and execute the most impactful sessions as well as be adaptable to change in the moment
- **Deepen your knowledge of facilitation** and support your growth as a facilitator through intentional reflective practice
- We focus on helping you develop a **resilient mindset** that allows you to **succeed** under challenging situations
- Gain the **best facilitation certification** and the **most recognised and in-demand** certification from employers and recruiters
- Become a **Scrum Alliance Certified Agile Facilitator**
- **Take a significant step** in your agile journey towards agile coaching certification of Certified Team Coach® (CTC) or Certified Enterprise Coach® (CEC)

What you'll come away with

After validation with your coach, you'll come away as an Certified Agile Facilitator. As a facilitator, you'll have grown in confidence and knowledge and will be able to facilitate groups more effectively.

You will be able to:

- Define facilitation and recognise when the stance is appropriate
- Practice effective facilitation
- Contract with stakeholders for group facilitation
- Design a facilitated session for team forming, conflict, psychological safety, designing agreements and any other context of your choice.
- Assess any environmental contexts and group norms that will impact the desired participation from the group
- Foster psychological safety in a session and repair safety when broken
- Hold the group's agenda during a session
- Demonstrate ethical facilitation
- Establish your facilitation presence before, during, and after a session
- Explain how a facilitator facilitates from the front, side, back, and inside
- Bring skills such as listening, powerful questions and feedback to your facilitation
- Develop your emotional intelligence as a facilitator
- Develop strategies to work with conflict.
- Integrate the practice of reflection into your practice



What the course Includes?

- **High quality instruction** from our Certified Scrum Trainers® and Certified Agile Coaches® with many years' experience of training Scrum and very importantly implementing Scrum in the real world
- **One coaching session** to reflect on your practice worth £125
- **Course materials** and for virtual courses access to the Beliminal Learning Management System and on-line content created during the course
- **Certified Scrum Product Owner®** certification on successful completion
- **2 years' membership of the Scrum Alliance** worth \$100
- **Membership of our Beliminal alumni community** where you can receive help and support from the Beliminal coaches and fellow alumni
- Access to **exclusive resources**
- **Loyalty discount** for future courses
- **Loyalty discount** for personal/life coaching
- **14 Category B Professional Development Units (PDUs)** can be claimed for this course
- **16 Continuing Professional Development (CPD) hours** and CPD certificate
- **20 Scrum Education Units® (SEU's)**
- For in-person/classroom-based courses on our public schedule, refreshments before and during the course, including lunch

Why choose Beliminal?

Our training has a depth and a power that inspires and changes you. Our trainers are some of the most experienced in the world and have rich insights into the changing world of work and a passion for transforming teams and organisations. They are able to bring your training alive by revealing its true power – helping you unleash your own potential as well as the potential of those you work with.

In addition you benefit from: -

- **A modular-based approach.** Shorter workshops enhance your learning experience and increase your knowledge retention.
- Courses that have been designed using **accelerated learning techniques** that enhance and speed up the learning process helping you to **learn more effectively** and **retain your knowledge** for longer.
- Delivery of a virtual course that has **been designed from the ground up** for virtual delivery using best practice tried and tested techniques to provide an engaging and compelling virtual experience
- **Reduced class size** for virtual courses to ensure our attendees have the highest quality learning experience possible.
- **Highly respected Scrum Trainers® and Coaches** with decades of experience delivering high-quality Scrum training and implementing and coaching Scrum in the real world – **5/5 star rating (from Google Reviews)**

Meet the Trainers



BEN COOKE



MARK SUMMERS